Tuberculosis (TB) Testing

Students enrolled in a Nurse Assistant (CNA) Training Program with TrainND Northeast of Lake Region State College are required to attend 16 hours of clinical experience at a partnered long-term care facility.

At long-term care facilities, where CNA clinicals will be completed, OSHA (Occupational Safety and Health Administration) has set a requirement in which health care students, who have hands-on care with residents, be tested for TB (tuberculosis). In addition, students are required to complete a risk assessment and symptom screening questionnaire.

Students attending clinical as part of CNA training are required to submit to TrainND Northeast by the last business day prior to the student’s scheduled clinical experience the following two items:

1. TB test results (see table below), and  
2. TB Testing Consent and Health Review Form.

**Students who have not turned in their TB test results and TB Testing Consent and Health Review Form will not be allowed to attend clinical.**

Tuberculosis (TB) testing has two forms – skin testing, referred to as a Tuberculin Skin Test (TST) or Mantoux test*; and blood testing.

*Students should keep in mind that if they are receiving a TST, they will need to have the skin reaction read 48 to 72 hours later by a nurse or other authorized healthcare professional to record the result (positive or negative) of testing.

Additional information regarding TB and TB testing can be found at the following links:

- Centers for Disease Control and Prevention: [www.cdc.gov/tb](http://www.cdc.gov/tb)
- ND Department of Health: [https://www.ndhealth.gov/disease/tb/GetTested/](https://www.ndhealth.gov/disease/tb/GetTested/)

Students may submit one of the following forms of TB test results**:

<table>
<thead>
<tr>
<th>Test Type</th>
<th>Requirement</th>
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<tbody>
<tr>
<td>One-Step TST</td>
<td>Dated within the last 90 days prior to clinical</td>
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<tr>
<td>QuantiFERON Gold blood test (lab report required)</td>
<td>Dated within the last 90 days prior to clinical</td>
</tr>
<tr>
<td>T-Spot blood test (lab report required)</td>
<td>Dated within the last 90 days prior to clinical</td>
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</tbody>
</table>

**If a student has a positive reaction to a TB test, additional testing may be necessary prior to attending clinical. Students should contact TrainND as soon as possible at 701-662-1578 for guidance.**

Public health offices and local clinics provide TB testing, usually for a fee.

Students may contact TrainND Northeast at 701-662-1578 or lrsc.trainnd@lrsc.edu with any questions.

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