Frank (Francis) and Helen Foughty met on the campus of UND in Grand Forks, North Dakota. They were married in Washington D.C. shortly before Frank left for duty with the U.S. Marine Corps in the Pacific war area. He returned to UND under the GI Bill and earned his juris doctorate in 1949. Helen received her business degree in 1946.

The family moved to Devils Lake in 1949 where Frank opened his law practice and Helen taught at Devils Lake Junior College. They built a home and raised five children.

Frank practiced law for 51 years in Devils Lake while Helen volunteered in various educational endeavors. Frank died in 2005, and their youngest son, Judd, an LRSC graduate, died in 1995.

Frank and Helen's children and grandchildren all graduated from Devils Lake High School, and all have had some connection to Lake Region State College as students, graduates, or teachers.

The Foughty children include Chaun, Maureen White Eagle, Donovan, Eileen Tabert, and Judd.

The Foughty Family Scholarship is awarded annually to an exemplary student.