Calendar

March
- Computer Basics
- First Aid / CPR
- Gearing Up For Kindergarten
- Bully Proof Your Child
- Digital Photography
- Cooking for Couples
- Everyday (Travelers) Spanish
- Business Roundtable
- Relax and Renew

April
- Dancing for Every Occasion
- Self Defense for Women
- Wine Tasting
- Start Your Own Business
- ABCs of Doggie Obedience
- DIY For Women

May
- Golf 101 for Kids
- Skype

June
- Girls Volleyball Camps
- Boys & Girls B-Ball Camps
- Fishing Skills for Kids

Register online
www.lrsc.edu
Click on
Community Education

ABCs of Doggie Obedience
Do you wish others would love your dog as much as you? Tammy DeVier, with over 10 years experience as a dog trainer, will teach you and your buddy basic obedience commands so you have a dog who listens when you speak as well as one others enjoy too.
- One handler (min 14 yrs old) per dog
- 6 ft. leash w/ slip chain
- NO female dogs in heat
- Proof of vaccinations up to date (DHHP/Bordetella)
- Adult must sign waiver of liability

Instructor: Tammy DeVier
Dates: April 29, May 6, 13 & 20
Time: 6:30-8 pm
Location: Ruger Park
5th Ave & 12th St N, Devils Lake
Cost: $75

Date Night: Cooking for Couples
Relax and learn at Proz Lakeside at the Cove. Learn to prepare a variety of dishes under the instruction of Chef Tyler Prozinski. Taste your creations afterward with a wine or beer paired accordingly for each dish.

Instructor: Tyler Prozinski
Time: 6-7:30 pm
Location: Proz Lakeside at the Cove
1012 Woodland Dr, Devils Lake
Cost: $25 per couple per class—Limited to 15 couples/class
Date: March 18: Pasta
Date: March 25: BBQ Pork
Date: April 1: Sushi
Date: April 8: Seafood

Business Opportunity Round Table
The Dakota Certified Development Corporation (DCDC) and the Small Business Administration (SBA) will host a FREE Business Opportunity Roundtable. Area entrepreneurs are invited to participate. Topics include new developments in financing programs, updates on the Affordable Care Act, and government contracting opportunities. SBA and its resource partners will lead an open forum on other topics of interest.

Instructor: Steve Dusak, DCDC
Date: March 25
Time: 11:30 am-1:30 pm
Location: LRSC Heritage Hall (light lunch served)

Computer Basics in Devils Lake & Cando
Learn basic ways to have fun with your computer. A patient trainer, in a relaxed setting, will explain Windows, how to type and save documents, how to use e-mail, and fun on the Internet. Presented in Windows 7.

Instructor: Edie Armey
Devils Lake Class
Dates: March 11, 13, 18, & 20
Time: 5-7 pm
Location: LRSC Room 128
Cost: $85 (each location)

Cando Class
Dates: April 15 & 17
Time: 5-7 pm
Date: April 19
Time: 10:30 am-2:30 pm
Location: First State Bank
Community Enrichment Classes

Taste Like a Pro
Wine has been called the nectar of the gods—in order to savor the flavor—you must drink it! Taste a selection of wines covering a range of styles, from crisp whites to gutsy reds. You’ll also learn the importance of pairing various foods and tastes that will alter the flavor and enjoyment of the wines (both positively and negatively).

Instructors: Mary Willert and Ailsa Olenberger
Date: April 1 & 15
Time: 6:30-8 pm
Location: Holiday Inn Express
875 Hwy 2 East, Devils Lake
Cost: $25

Dancing For Every Occasion
Learn the basic steps of dance while having FUN! Included will be the foxtrot, rumba, cha cha, waltz and more. Whether you are an engaged couple who wants to WOW your guests with a beautiful first dance, or if you just want to be the life of the party, these lessons will give you the basics to get you dancing quickly and confidently for any event, and keep you dancing for years to come!

Instructors: Jason and Leah Hanson
Date: April 8, 10, 15 & 17
Time: 6-8 pm
Location: LRSC Robert Fawcett Auditorium
Cost: $50 per couple—Limited to 8 couples per class

Heart Saver First Aid, CPR, & AED
Video-based, this class is instructor-led and teaches students critical skills that are needed to respond to and manage a first aid, choking, or sudden cardiac arrest emergency. Proper techniques are critical in the first few minutes until emergency medical services arrive. Learn how to treat bleeding, sprains, broken bones, shock, and other first aid emergencies. Adult CPR and AED use included.

Instructor: Melissa Moser
Date: March 19
Time: 6-10 pm
Location: LRSC Erlandson Building
Cost: $35

Self Defense For Women
Do you worry about crime getting closer to home? How do you prevent dangerous situations? How do you defend yourself? Learn basic self defense, learn how your body reacts to fear, and master crucial moves.

Instructor: Rick Senger
Date: April 5
Time: 10 am-2 pm
Location: Lake Region Budokan
Cost: $40

Having The Estate Talk
Approaching loved ones about your wishes and estate after death, can be a sensitive discussion. Planning your estate is essential, whether small, medium or large. Hear how to communicate with family members. Plan...leave a legacy, not a dispute.

Instructor: Brenda Langerud
Date: March 25
Time: 6:30 –8 pm
Location: Heritage Hall
Cost: $10

Digital Photography
Learn step by step basics of digital photography with your DSLR (Digital single-reflex camera). Learn to understand the basics of light and how your eye adjusts lighting. Get your camera to catch what your eye sees to produce better pictures. Learn the meaning of modes and dials on your camera.

Instructor: Lisa Swenson
Dates: March 25, April 1, 8 & 15
Time: 6-7:30 pm
Location: LRSC Room 33
Cost: $100

Talent or Skill to Share?
Wanted: Instructors for Community Ed in the fall & spring and trainers for career and technical skills

Contact TrainND Northeast if you would like to share your talents and inspire others
Bully Proof Your Child

Bullying is serious. It creates negative consequences in the school and home. “What do I do if my child is being bullied”? “What do I do if my child is the bully”? Learn what systems are in place to address this relevant topic.

Instructors: Jared Schlenker, Principal, Central Middle School
Jane Adams, Counselor, Central Middle School
Ben Harkness, Resource Officer, DLPS

Date: March 22
Time: 10 am-1 pm
Location: LRSC Chautauqua Room
Cost: $20

Gearing Up For Kindergarten

Is your child ready for kindergarten? Are you ready for this major transition in your child’s life? Busy lives can be helped if kids are prepared for this change. Schools can be prepared too. Preschool learning activities and educational opportunities prepare both parents and children for long term success in school.

Instructors: Terri Moser and Rachel Grzadwielewski

Dates: Tuesdays - March 18 thru May 20
Time: 6-7:30 pm
Location: LRSC Room 101 & 108
NOTE: Apr 29th: class will meet in Rooms 33 & 25

Everyday Spanish

Are you planning a vacation? Would you like the convenience of getting around without an interpreter? Do you want to understand the basics of the Spanish language and learn basic words and phrases? This is the class for you!

Instructors: Grendaliz Nieves-Hernandez
Jose Figueroa

Dates: March 26, April 4, 16 & 23
Time: 6:30-8:30 pm
Location: LRSC Colonial Room

Golf 101 For Kids

Start your child out on the right foot with a good swing. Nip bad habits in the bud! A good grip, good alignment, and correct posture are critical. Most importantly, they will learn golf rules and etiquette.

- Adult must sign waiver of liability

Instructor: Lance Riggin

Dates: May 5, 7, 12, 14 & 19
Time: 6-7 pm
Location: Devils Lake Country Club
Cost: $100

Try our Online Career Programs

Develop a new skill or enhance current knowledge and techniques. Learn the skills necessary for many high demand occupations.

Programs are designed by a team of professionals who work to provide you with an effective web-based learning experience. Instructors are actively involved in your learning experience. They respond to questions or concerns, as well as encourage and motivate you to succeed. Each program includes a set of lessons and evaluations. Grades are a combination of the instructor’s evaluation of submitted work and computer graded tests. Quality and the convenience of anytime, anywhere learning!

Healthcare, Fitness, Business, Management, Media, Design, Hospitality, Skilled Trades & More…

Register at www.lrsc.edu Click on Community Education
Fishing Skills for Kids

No time to teach your child how to fish? Don’t know where to start? Let Johnnie Candle, Devils Lake resident, and touring professional angler teach your young angler the fishing basics. Knot-tying, casting, fish identification, angler etiquette, fishing regulations, and fun—all rolled into one!

Instructor: Johnnie Candle  
Date & Location: June 2 - LRSC Chautauqua Gallery  
June 3 - Live fishing on Devils Lake  
Time: 6:30-8 pm  
Cost: $25 per child (bait, rod, and limited tackle provided)

Start Your Own Business!


Instructor: Eric Giltner, Senior Area Manager, SBA  
Date: April 8  
Time: 6-9 pm  
Location: LRSC Room 33

Girls Volleyball Camps  
(Incoming 7th-12th Grades)

Individual Skills Camp  
Dates & Time: June 23-26, 9 am-4 pm  
Location: Devils Lake High School Sports Center  
Cost: $160; $215 with meals; or $250 with housing & meals  
Practice basic volleyball fundamentals including passing, setting, blocking and hitting.

Varsity Team Camp  
Date: June 27, 10 am-8 pm  
Date: June 28, 10 am-4 pm  
Location: Devils Lake High School Sports Center  
Cost: $350 per team, no meals or housing  
$400 per team, includes housing, but no meals  
This is a fun team building camp with a tournament format. Varsity teams with 6 to 10 players can attend.

To register go to http://www.lrsc.edu/athletics/athletic-department/camps

Do it Yourself Class For Women

Who says this is men’s work? Women, get tips on how to properly care for and maintain your home. Basic repair and home maintenance skills, choosing the right tool for the job, tool safety, tool use, and hands on practice. Some specific dos and don’ts will be covered as well as budgeting tips. All skill levels are welcome.

Instructor: Peter Foss  
Date: April 12  
Time: 11 am-2 pm  
Location: LRSC Chautauqua Gallery  
Cost: $25

Relax and Renew

Meditative yoga for everyday people. Pace intended for those new to yoga and experienced in life. Sit on the floor or in a chair and do gentle stretching for a healthier and body and calmer psyche.

Instructor: Sandi Christofferson  
Dates: March 11, 13, 18 & 20  
Time: 12:15-1 pm  
Location: LRSC Theater Arts Playhouse  
Cost: $15  
NOTE: Wear form fitting clothes & bring a pillow & 2 blankets

LRSC Boys and Girls Basketball Camps  
(Incoming Grades)

Boys and Girls, Grades 1-4  
Dates & Time: June 16-18, 9:30-11:30 am  
Location: Sweetwater School  
Cost: $70

Boys and Girls, Grades 5-8  
Dates & Time: June 16-18, 1:30-4 pm  
Location: Devils Lake High School Sports Center  
Cost: $70

Boys and Girls, Grades 9-12  
Dates & Time: June 19, 9:30 am-4 pm  
Location: Devils Lake High School Sports Center (lunch provided)  
Cost: $50

Boys Camp, Jr. High/JV/High School Team Camp  
Dates: June 20 & 21  
Location: Devils Lake High School Sports Center  
Cost & Time: TBA—interested participants call: 662-1523

To register go to http://www.lrsc.edu/athletics/athletic-department/camps
Things you should know about classes

- **Register:** Register early! Save time with secure online registration.
- **Cancellation:** Participants will be notified if a class is full or cancelled.
- **Refund:** Cancel five days prior to the first day of class, and receive 100% refund. If not, you are responsible for 100% of tuition.
- **Weather:** Listen to radio stations for class changes or visit lrsc.edu.
- **Payment:** Make all forms of payment to Lake Region State College
Save time! Shop from your seat, not your feet!
Secure online registration & payment
www.lrsc.edu click on community education
or use the handy registration below, fold, and stamp the other side

REQUIRED: Date of Birth

Register me for these classes: Fee:

Name

Mailing Address

Email Address

City Zip

Day Phone Eve Phone

Name if Different on Credit Card

Mailing address associated with Credit Card

Signature

Credit Card # Exp Date

Make checks payable to: Lake Region State College Zip Code of Card Holder V Code

Please Answer:
How did you hear about us?

Visa MasterCard Discover Card

Total

TrainND Northeast
Lake Region State College
1801 College Dr N
Devils Lake N 58301

Register me for these classes:

Name

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